

Sola Publishing Children’s Message Pentecost 11 – Year B		SOLA 
Grumbling for Food		
Readings	1) Exodus 16:2-15 2) Ephesians 4:1-16 3) John 6:22-35	
Scripture Focus	Exodus 16:2-15	
Take Away		
Aids (pics, props, etc.)	Choose the appropriate illustrations from free Bible images: https://www.freebibleimages.org/illustrations/moses-food-water/ https://www.freebibleimages.org/illustrations/ml-manna-water/	
Message (Never discount the impact of stories told well. Have motions and speak dramatically.) It wasn’t long after God saved the Israelites from being slaves in Egypt, by holding back the water of the Red Sea and letting them cross it on dry ground, that they started grumbling about being hungry. There they were, millions of people and all the stuff they took from their homes, following God and Moses to the land God promised them. Walking, walking, walking, through the wilderness and running out of food. They started grumbling to Moses. “Remember how great it was in Egypt when we were slaves? There was always a lot of meat to eat. I’m hungry. I wish we stayed there. Did you bring us out here to die of hunger Moses?” Do you think God heard their grumbling? He sure did. God loved his people and wanted to take care of them. God told Moses, “Tell them I’m going to give them bread from heaven! Tell them not to take too much, though. They should only take what they need for the day. And at night I will give them quail to eat. I saved them from slavery and will take care of them always.” Moses told the people that God was going to rain bread down on them every night so that in the morning, they would have the special bread, and for supper they would get meat. It wasn’t what they thought it would be, but they could trust God to take care of them. So, God heard their grumbling and took care of them. Will God do that for us? Yes! He will! If there’s something we need (not want, but need) we should ask God for it and if he thinks we need it, he will give it to us. We can trust him to take care of us too. The next time your mom makes you supper and you wish it was something else... just thank God for giving you food to eat. Let’s pray.		
Repeat Prayer	Dear God, No matter what happens / you take care of us. Help us to always say / THANK YOU. Thank you for loving us. We love you. Amen.	